



iHeal Health and Wellness Center 2600 S Michigan Ave, Ste LL-D

Chicago, IL 60616
 Call/Text: 312-866-4642
 Fax: 312-873-4435
 iHealHealthandWellnessCenter.com

Weight Loss Plans/Services

Initial Consult
Phentermine 37.5mg capsules or tablets, 30-day supply *self-pay only
Lipo-Mino (IM injection) *self-pay only
B12/Lipo-Mino IM injection *self-pay only
B12/Lipo-Mino weekly IM injections 4 week package *self-pay only
B12/Lipo-Mino weekly IM injections 3 month package *self-pay only
Monthly Weight Loss Plan 1: 1 Lipo-Mino Injection, 4 B12 shots(1/week), Phentermine (37.5mg tabs or caps, 1/daily), Hydrochlorothiazide (HCTZ ,25mg, 1/daily) *self-pay only
Monthly Weight Loss Plan 2: 1 Lipo-Mino Injection, 4 B12 shots(1/week), Phentermine (37.5mg tabs or caps, taken daily), Hydrochlorothiazide (-HCTZ- 25mg, taken daily) Metformin (500mg, taken daily), Chromium (200mg, taken daily) *self-pay only
12 Week Weight Loss Plan 1: Weekly Semaglutide (Ozempic) Injections

* **Labs** required before weight loss plans start: A1C, CBC, CMP, Lipid Panel, TSH and Vitamin D

All weight loss plans require exercise and diet agreements. Patients may use the LifePro Rhythm machine for 10-20 minutes during their weekly check in visit, in place of or in conjunction with exercise done outside the clinic. Weekly check-ins required for weigh-ins and evaluation, even if self-administering the medications. Photos and measurements will be taken once a month. *Please note, if you miss more than two appointments and fail to reschedule, you will be dismissed from your weight loss plan. No refunds will be issued in case of dismissal.*